



Ford, Geddington



Start 'em young

Key

Roads that are normally hazardous for cyclists but experienced adult highway users may find them useful in quiet periods.

Busy principal roads with high speeds, HGVs, and complex junctions. Suitable for highly skilled commuting cyclists.

Busy roads but lower speeds, some complicated traffic movements. A medium to high level of skill required for trouble free cycling.

Through routes with moderate traffic and low speeds but also turning and parking movements. Well trained school children should cope.

Quiet roads with low traffic speed and volumes. Suitable for all cyclists behaving responsibly if they have some training.

Proposed route

Cycle Parking

Church

Doctor

Libraries

Gradient significant for most cyclists. Arrow points downhill.

Primary School

Post Office

Hospital

Secondary School

Public House

Tourist attraction

Cycle track, shared path or bridleway with tarmac or stone all weather surface.

Bridleway or other permitted path with soft surface. May be unsuitable for cycling, especially on a road bike, in wet weather.

Footpath or private road where cycling may not be allowed without permission.

Bridleways where cycling is often impractical because of rough surfaces and/or gradient.

The representation on this map of any road, track or path is not evidence of a right of way or of its legal status.

Green Spaces

Parks and nature conservation areas where there is public access.

Taking a break

Halfords Tour Series - professionals racing in Kettering

Tea shops and cafés for refreshments along the way!

Location	Name	Address	Telephone	Opening	Times
Burton Latimer	CourtYard Café	119 High Street, NN15 5RL	01536 725 664	Mon – Fri Saturdays Sundays	8am – 5pm 8am – 4pm 10.30am – 3pm
Burton Latimer	Seasons Garden Centre Coffee Shop	Cranford Road, NN15 5LZ	01536 724 009	Mon – Sat Sundays	10.30am – 4.30pm 11am – 4.30pm
Cranford	Old Forge	Grafton Road, NN14 4JE, next to village hall		Tue – Sat	10am – 4pm
Desborough	West Lodge Rural Centre	Stoke Road, NN14 2SH	01536 760 552	All days	10am – 5pm
East Carlton	The Coach House	East Carlton Country Park, LE16 8YF	01536 770 977	All days Winter Sundays	9.30am – 4.45pm 9.30am – 3.45pm 10.30am opening
Geddington	Country Garden Tea Room	15 Queen Street, NN14 1AZ	01536 745 040	All days Winter	10am – 6pm 10am – 4pm
Glendon	Mocha Mama	The Hayloft, Glendon Lodge Farm, NN14 1QF	07929 483 437	Mon – Sat	10am – 4pm
Kettering (outer)	Glebe Farm Tea Room	Jcn 7 A14, Rothwell Road, NN16 8XF	01536 513 849	Tue – Sun	10am – 4pm
Newton	Dovecote Buttery	Newton, near Geddington, NN14 1BW	01536 742 227	All Days Winter	10am – 5pm 10am – 4pm
Rothwell	Plotters Table	6 Market Hill, NN14 6EP	01536 712 793	Mon – Sat	8.30am – 4pm
Rothwell	Windmill	26 High Street, NN14 6BQ	01536 712 180	Mon – Sat	6.30am – 2.30pm
Rothwell	The Store	4 Market Hill, NN14 6EP	07884 061 210	Mon – Sat	9am – 4pm
Weekley	Jessica's Tea Shop	Weekley Post Office, NN16 9UT	01536 482 312	Not Weds	10am – 4pm

The Borough has plenty to offer

Welcome to the Borough of Kettering located within the heart of England and North Northamptonshire. Made up of 4 towns and 25 villages the Borough is an attractive and accessible place full of history and characterised by the beautiful countryside, market towns and villages.

The area has a wealth of countryside and heritage waiting to be explored including museums, churches, historic buildings and woodland areas. There are also a number of hotels, restaurants and traditional pubs across the Borough all waiting to be discovered. This map should help existing and new cyclists in managing and minimising the risks that they face from motor traffic.

One of the most attractive aspects of the Borough is its warm and welcoming environment and on this map you will find many destinations marked that you can visit conveniently by bike. For example, within 10 miles of Kettering no less than eight historic buildings can be found which rival the best in the country with their beauty and interest such as Boughton House, Rushton Hall and Triangular Lodge.

Eleanor Cross, Geddington

Other popular attractions include Wicksteed Park, one of the UK's top 20 visitor attractions and the country's very first theme park, the Alford East Art Gallery and Manor House Museum in Kettering and the aviation museum at Harrington.

Whether you are a local resident or visitor, don't forget to visit the Kettering Tourist Information Centre for more information on places to visit, things to do and local events happening within the Borough and surrounding area. See our useful contacts section for more information.

Keeping kids active

Reasons to get out more

Whether commuting to work or school, or just to have fun, there is nothing like the sense of freedom cycling provides to blow away the cobwebs and to keep yourself fit and healthy.

Becoming skilled and fit on a bicycle takes time, but the effort is amply rewarded. The advantages of using a bike for transport and leisure are increasingly apparent. Being able to cycle anywhere at any time gives a person a greater sense of self worth and control over their life. Elderly cyclists who can walk fifty yards can often go several miles on a bicycle.

Cycling gives a freedom that is often not available to drivers. There are endless opportunities opened up around the Borough by the numerous cycle routes available which car users often miss out on.

Cycling for recreation is also an ideal way to interact with the environment whilst causing it no harm. There is no better way to explore our heritage of churches, nature reserves, ancient monuments, parks and tourist attractions than by bicycle.

Stanwick Lakes path