



ROUTE STAGE	MILES	TOTAL
1	10	10
2	10	20
3	10	30
4	10	40
5	10	50
6	10	60
7	10	70
8	10	80
9	10	90
10	10	100

(Rounded up or down to nearest quarter mile)

When the concept of the TFC Northamptonshire Round, was first mooted, it was decided that if possible it should have sections that would be suitable for most people. This has been achieved by including sections that have hard core paths, some with suitable grass paths and easy access gates. The walker has a mixed terrain and landscape to enjoy.

An element of planning is required whether on a stroll or a more challenging walk, so we will divide the planning requirements.

PLANNING FOR A SHORT STROLL

There are ideal walks on surfaced and grass paths for the elderly, families and people who are about to explore, and discover, the pleasure of getting away from the car.

Examples of these areas are:

Brixworth Country Park and village, Sywell Country Park, Salley Forest, Stoke Bruerne, Harlestone, Yardley Hastings and Bugbrooke.

These walks can take 1-2 hours and we would advise having sturdy shoes and suitable clothing for the weather.

Explorer 224
Explorer 223
Explorer 207

SURVEY MAPS

RECOMMENDED ORDNANCE SURVEY MAPS

www.tenfootclub.org.com

Information available on our web site. Facilities are as stated above. Further for the weather conditions. Local for walking boots and suitable clothing below. We would advise the wearing Ordnance Survey map, see details recommend the use of the relevant waymarkers, however we would leaflet map and the distinctive The route can be followed using the

PLANNING FOR A WALK

www.tenfootclub.org.uk

is available on our web site.

on your walk day. Further information should check whether it will be open to take lunch in the local Pub you opening times, so if you are planning Public Houses now have limited the local shop. Unfortunately some usually on display or available from conditions. Local maps of the area are

TFC NORTHAMPTONSHIRE ROUND

In an age where we have more leisure time than ever before but spend so much of it being inactive, what better way of finding a new interest and getting that essential physical activity in there than by joining many thousands of others who have discovered the pleasure of walking.

This walking route takes you through picturesque villages built from locally quarried rich golden stone, past manor houses and estate lands, ancient forests, rivers, canals, large expanses of water used for leisure activities and areas for conservation.

Exploring the villages en route, or as a separate walk, you will discover the County's links with English history, the Danish invasion, battle sites and encampments of the 'War of the Roses' and the Civil War. You will see churches and features from Saxon and Norman periods of English history.

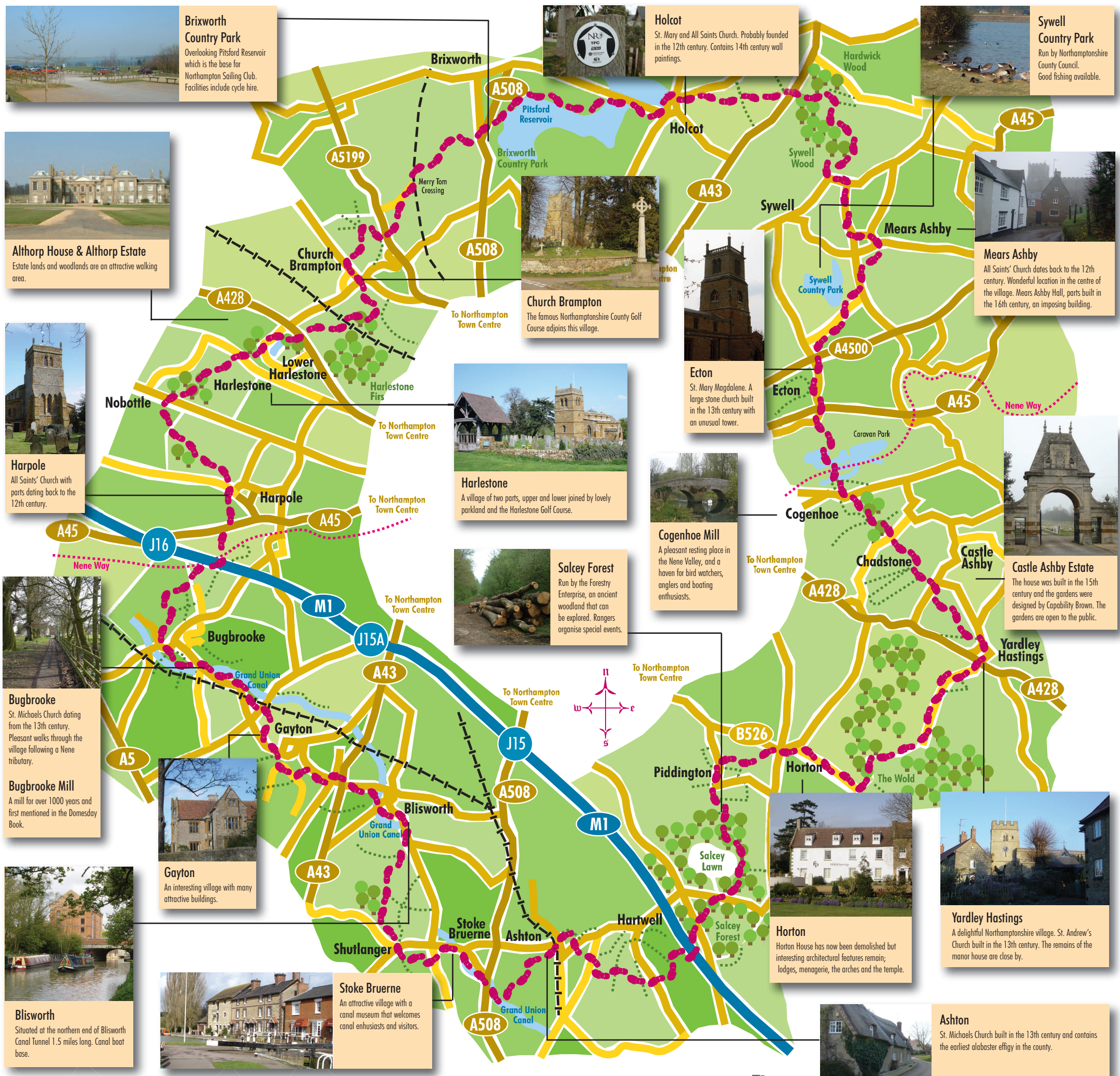
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We wish to thank the following people for their continuing support and assistance:

Rights of Way, Northamptonshire County Council,
Forestry Commission Saley Forest, Northamptonshire,
Althorp Estate and walking colleagues for providing photographs.

A FIFTY MILE COUNTRYSIDE WALK AROUND THE TOWN OF NORTHAMPTON



AVAILABLE FACILITIES

AREA	FACILITIES
Brixworth Country Park	P T REF VC INF
Holcot	PH BB
Mears Ashby	PH
Eceton	PH
Cogenhoe	PH SH
Yardley Hastings	PH SH BB
Horton	RES
Piddington	PH
Salcey Forest	P T INF
Ashton	PH
Stoke Bruerne	P T REF PH SH VC INF BB
Shutlanger	PH
Blisworth	P PH SH
Gayton	PH BB
Bugbrooke	PH SH BB
Harpole	PH SH BB
Harlestone	PH

KEY TO FACILITIES

BB	Bed & breakfast accommodation
INF	Information office or boards
P	Parking
PH	Public house
REF	Refreshments available
RES	Restaurant
SH	Shop
T	Toilets
VC	Visitor Centre

"The TFC Northamptonshire Round takes in some of the prettiest villages and countryside around the town of Northampton"

KEY TO MAP

	Suggested Route
	Motorway
	Main Roads
	B Roads
	Minor Roads
	Waterways & Reservoirs
	Railway
	Dismantled Railway
	Nene Way
	Other Footpaths