















VISIT NORTHAMPTONSHIRE

www.rightsofwaynorthamptonshire.org.uk www.warmingtononline.co.uk www.warmington.org www.rockingham-forest-trust.org.uk





INDIGO WALK 6

This lovely walk is worth doing at weekends or on gorgeous summer evenings. It does not tend to be busy with traffic, so really is ideal. This walk takes about 1.5-2 hours and is 5 miles long. It gives stunning views across the Nene Valley and a chance to see a host of wildlife.

Turn right by Glebe Stores, right past the telephone box and right again in to Church Street, and walk past Warmington medieval church. Follow the map by turning left just at Stamford Lane into Spinney Close. Then right and a left will bring you walking along the old Roman Road, with a left turn at the crossroads at the end will bring you walking slowly uphill, past Tansor Wold Farm, to the crossroads where you turn left.

Another long walk along the brow of the hill gives you a chance to count the spires ... is it 5 or 6? Also to see the Red Kite wheeling away in the summer sun. Carry on past Rectory Farm until you reach the crossroads at the end where a left turn will lead you downhill and into the village once again. Follow the map around Taylors Green and retrace your route once more to Glebe Stores.



400 calories burnt



VIOLET WALK 7

This walk is a little further being 2 3/4-3 hours and 7.5 miles in duration. Basically you follow the same route as the Indigo Walk 6, until you reach the crossroads just after Rectory Farm. There, instead of turning left downhill, this time you turn right and quickly left on the other side of the road along an old farm track. Follow this track until it passes through a gap at the end of the field, where a left turn will join up and follow PD5 to a broad farm track. Follow this track until it reaches the Old Peterborough Road where a left turn, followed by a first left will bring you to Buntings Lane. At the next crossroads take a right turn into Chapel Street which leads once more back to Glebe Stores. Haven't you done well!



600 calories burnt

Warmington is located in the Nene Valley three miles from the market town of Oundle and twelve miles from the City of Peterborough.



For information about public transport to Warmington please contact Traveline.



Car parking is limited in the village, however there is public parking in the Village Hall car park opposite the Church.

If parking in the village, please remember local access needs.

If you wish to report any problems with any of the routes shown in this leaflet, please contact Rights of Way, Northamptonshire County Council, Riverside House, Bedford Road, Northampton NN1 5NX. Tel: 01604 654465.





This leaflet was based on an original idea by Warmington Parish Council with financial assistance from Northamptonshire County Council and Rockingham Forest Trust. Copyright © NCC 2007.





WARMINGTON

These 'Rainbow Walks' are designed for those who wish to improve their well-being by taking an increasing amount of exercise in a pleasant environment. Remember that a 'brisk' walk which means that you breathe a little faster, feel warmer, and have a slightly faster heartbeat will slowly help to improve your health.

They have been devised by members of Warmington Parish Council and villagers as part of their Community Involvement Plan.

All walks start at 'Glebe Stores' the village shop and cafe in the centre of the village where you can enjoy a well earned cup of coffee after your walk.



GREEN WALK 1

A short walk with 1200 steps. Into Church Lane, left at the end leads past the school (built originally in the 1890's), where a right turn brings you to the cemetery. A right turn here leads into Taylors Green with its protected verges of wild flowers, songbirds and delicious blackberries in the Autumn. A right turn at the next junction leads uphill to Church Street, where a right and then a left turn brings you to Stamford Lane. At the 'No Cycling' sign turn right down a short passageway past the old Methodist Chapel, where a right turn, then right again brings you back to the village stores and your cup of coffee. Well done!



46 calories burnt



RED WALK 2

A little further to go, but still okay with a buggy or pushchair. Follow the map, but this time we'll start in the opposite direction by turning left outside Glebe Stores, then left again in to Chapel Street. By the Red Lion pub turn a really sharp left to walk up Stamford Lane to the end of the junction where a right and an immediate left brings you into Taylors Green. Just after the seat at the end of this lane, placed conveniently for a quick break and views of the surrounding hills, turn left and then right at the crossroads in the centre of the village. Keep walking until you reach the T junction of the old Peterborough Road, where a left turn brings you past Eaglethorpe (you could take a detour and view the river here), and a left again brings you eventually back to Glebe Stores. This 1 mile walk takes about 3/4 hour. Are you breathing a bit easier



90 calories burnt

ORANGE WALK 3

Further still this time. Follow the map and the Peterborough Road out of the village and take the gate on the left opposite the converted barns, and immediately over the stile, keep the fence on your left. Take the opportunity to look back at the village, particularly on a summer evening. At the slope at the end turn left which leads across the bypass, but remember to cross this fast road with great care. Turn left at the far side and follow the right-of-way to a gate on the left alongside the mobile phone mast. From there you go right and then immediately left to follow the bridle path and the course of the river (This path is muddy in winter). After about half a mile you arrive at the gate leading to Elton Hall in the distance. Here we must double back to the gate by the mobile phone mast where a right turn (keeping the bypass on your left) leads to the Mill Pond and the Mill where across the water meadows you can get fantastic views of Fotheringhay Church. Though the underpass, and follow the map the few metres back to Glebe Stores. This walk of about 60 minutes is 2 miles long.



170 calories burnt



This walk takes about an hour and a quarter and is 2.5 miles long. Follow the map to the Red Lion, and keeping the pub on your right, head for and pass through a large gate blocking the road. Carry on along this old road with its plantation of trees now firmly established, until you meet the bypass where a left turn followed by another left turn at the roundabout will bring you back towards the village. Just after the first house on your left and once more you're in Spinney Close and then Taylors Green.

This time at the end of Taylors Green walk straight ahead and join the footpath at the bottom of a large field. At the far end turn left into Big Green up to the crossroads at the end where a right turn brings you back to Peterborough Road. Turn left at the end and then follow the map back to Glebe Stores.



200 calories burnt

BLUE WALK 5

Now you're really walking! This 90 minute walk is some 4 miles long. A similar walk to the Yellow Walk 4, at the far end of the large field instead of turning left into Big Green this time turn right and head up the hill. Keep going past the brow of the hill (having first looked back at the fantastic view), until you meet a track coming in from the left. Follow this track downhill until it meets a broad farmtrack at right angles. Turn left here (following the map), and this track will lead you to the old Peterborough Road, where a left turn will bring you back to the Red Lion pub and from there to Glebe Stores. Now, that feels good, doesn't it?



340 calories burnt



